

Reception

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Locomotion	Dance	Gymnastics (High, low, over and under & Moving)	Balls Skills (Hands)	Ball Skills (Feet)	Attack v Defence (Games for Sports Day)

Year 1/2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	Locomotion – Running and Dodging	Dance	Ball Skills – Hands 1	Gymnastics	Ball Skills – Feet	Attack V Defence – Games for understanding Sports Day
Cycle B 2024/2025	Locomotion – Jumping	Dance	Ball Skills – Hands 2	Gymnastics	Ball Skills – Racket, bats and balls	Ball Skills – Racket, bats and balls Sports Day

Year 3/4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	Dance	Gymnastics	Invasion Games – Football	OAA – Communication	Striking and Fielding - Cricket	Athletics Sports Day
Cycle B 2024/2025	Invasion Games - Netball	Gymnastics	Net and Wall Games - Tennis	OAA – Orienteering	Striking and Fielding – Rounders	Athletics Sports Day

Year 5/6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	Dance	Gymnastics	Invasion Games – Football	OAA – Problem Solving	Striking and Fielding - Cricket	Athletics Sports Day
Cycle B 2024/2025	Gymnastics	OAA – Leadership	Net and Wall Games - Tennis	Invasion Games – Netball	Striking and Fielding – Rounders	Athletics Sports Day