

PSHE Topic Overview

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
New Beginnings	Growth Mindset	Welcome to LKS2: Resilience and Reflection	Human Rights	Emotional and mental health	Drugs and Alcohol Education
Feelings and Special People	Different Types of Families	Safety Online	Respect, Falling out and Making up	Bereavement and loss	Relationship and Sex Education
Staying Safe	Healthy Bodies	Exercise	Healthy Living	Body image	E-Safety and Social Media
Healthy Me	Feeling Included	What I like	Emergency Situations	Puberty	The Police and the Law
CRL and Money Matters	Healthy Minds	Stereotypes	We Will Lead	Changes in friendship	YSA: Global Sustainable Development Goals
Social Action: All Around Us	Caring for the Environment and Social Responsibility	YSA: Being part of a Community	Money Matters (Natwest Money Sense)	Be Internet Legends	Enterprise Project
				YSA: Life in Plastic	Power and Participation