

Reception

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2026/2027	Locomotion (Walking and Jumping)	Dance (Dinosaurs)	Gymnastics (High, low, over and under & moving)	Balls Skills (Hands)	Ball Skills (Feet)	Attack v Defence (Games for understanding) Sports Day

Year 1/2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A 2027/2028	Locomotion – Running and Jumping	Ball Skills Sending, receiving and dribbling	Dance	Gymnastics Individual Movement and balances	Ball Skills Pushing and Striking	OAA Working with others <i>Sports Day Prep</i>
Cycle B 2026/2027	Locomotion: Running, Jumping and Dodging	Ball Skills Passing, dribbling and scoring	Dance	Gymnastics Linking Movement and balances	Ball Skills Hitting and striking	OAA Team Building <i>Sports Day Prep</i>

Year 3/4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A 2027/2028	Dance	Invasion Games – Football	Gymnastics	OAA – Team Challenges	Striking and Fielding – Fielding vs Batting	Athletics <i>Sports Day Prep</i>
Cycle B 2026/2027	Gymnastics	Invasion Games – Netball/Basketball	Net and Wall Games -Tactics and Strategies	OAA – Solving Problems	Striking and Fielding – Rounders Tactics Focus	Athletics <i>Sports Day Prep</i>

Year 5/6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A 2027/2028	Invasion Games- Ball Games	Dance	Gymnastics- Floor	OAA – Orienteering	Striking and Fielding - Cricket	Athletics <i>Sports Day Prep</i>

Cycle B 2026/2027	Invasion Games	OAA – Leadership	Gymnastics- Flight	Net and Wall Games - Tennis	Striking and Fielding – Rounders	Athletics <i>Sports Day Prep</i>
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