

Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	All Day Breakfast: Pork Sausage, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans 	Spaghetti Bolognese with Garden Peas & Carrots/ Beef Bolognese with Wholegrain Penne, Garden Peas & Carrots  	Roast Chicken, Stuffing, Roast Potatoes/Mashed Potato, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy 	Wholemeal Pizza: Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn  	Fish Fingers, Chips with Peas & Baked Beans 
Main Meal Option 2	All Day Breakfast: Vegan Quorn Sausage, Herby Potatoes, with Broccoli, Sweetcorn & Baked Beans 	Plant-based Spaghetti Bolognese/Plant-based Pasta Bolognese with Garden Peas & Carrots ^{VG}  	Sweet Potato and Lentil Roast, Gravy, Stuffing & Roast Potatoes with Seasonal Greens & Mixed Vegetables ^{VG} 	Vegetable Lasagne with Broccoli & Sweetcorn 	Wholegrain Mexican Bean Wrap with Chips, Baked Beans & Garden Peas  
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Shortbread Biscuit	Chocolatey Orange Fudge Cake	Strawberry Jelly	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice ^{VG}

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

